



IMA Kids Risk Assessment

Issue	Who it affects	How its dealt with	Yes	Area
Hygiene-related problems (e.g., infection)	Staff, visitors, students	Venue has adequate ventilation	Yes	Large area and door(s) open
	Staff, visitors, students	Consent for data use gathered	Yes	Part of sign-up process
	Staff, students	Briefing on use of facilities, uniform, personal hygiene, and social distancing	Yes	Part of sign-up process
	Staff, students	Deep cleaning/disinfection of mat areas after each block	Yes	Hoovered and bleached at the end
General liability risk	Staff, visitors, students	Deep cleaning/disinfection of communal areas after each training session	Yes	Hoovered and bleached/mopped where necessary
	Staff, visitors, students	Appropriate public liability insurance cover	Yes	
Liability risk – Coaching staff	Coaching staff	All coaches appropriately qualified (minimum blue belt or higher). Appropriate liability and professional indemnity insurance cover	Yes	Covered through Martial Guard & BMABA
Liability risk – Students	Students	Appropriate member-to-member liability insurance cover	Yes	Recommended for parents – included in welcome pack
Physical injury	Staff, visitors, students	Qualified first aider present at every session; first aid kit and incident book; minimum 40mm mats; no sharp corners around matted areas	Yes	1m minimum distance to sharp corners
Safeguarding issues (children and vulnerable adults)	Children and vulnerable adults	All instructors to be DBS checked if interacting with children; child protection and safeguarding policy in place	Yes	Through BMABA
Fire	Staff, visitors, students	Appropriate fire safety training; fire exits to British standards	Yes	Plus emergency lighting
Hygiene & communicable diseases	Staff, visitors, students	Cleaning policy and procedures in place; clear rules banning footwear on mats; removal of jewellery before training; zero tolerance for skin infections with advice on treatment	Yes	Sliders provided; no shoes past designated point
Head or limb collisions (during rolls/takedowns)	Learners	Learners are reset to the centre of the mats if sparring gets too close to edges (unless part of a specific drill); learners briefed on safety and responsibilities	Yes	
Injuries from takedowns and rolls	Learners	Participation in sport-specific safety drills; sparring restricted based on competence; minimum 2m ² per roll, 4m ² for takedowns; learners briefed on self-responsibility	Yes	Dollamur FLEXI-Roll® Mats and purpose-built cage wall used to absorb impacts
Joint injuries from submissions	Learners	Safety drills; sparring restricted by age and competence; emphasis on early tapping and respecting opponent's tap; immediate exclusion for ignoring taps	Yes	Coaches always present and monitoring
Hypoxia or loss of consciousness (from chokes)	Learners	Safety drills; restrictions based on age, demeanor, and competence; submission holds taught only at appropriate stages	Yes	Coaches present; learners briefed on responsibility to tap
Light bruising/knocks/jars	Learners	Environment structured to minimise risk; learners not forced to participate in sparring; encouraged to set their own pace	Yes	Coaches always present and monitoring
Severe impact to head and body	Learners	Hard sparring/striking disallowed; focus on technical sparring and precision; safe pad holding technique taught	Yes	Learners encouraged to dictate sparring intensity